



Winston Heights Mountview News

The Official Newsletter of the Winston Heights / Mountview Community Association • May 2009



Community Garage Sale

Thinking about spring cleaning? Don't throw out your unwanted treasures. Turn these treasures into cash. Winston Heights/Mountview Community will hold an indoor garage sale on June 7th from 10:00 am until 4:00 pm. Crafters, why wait for Christmas? You are welcome to join us as well.

Mark your calendars and rent a table. Tables at \$10 for members and \$15 for non-members. To book your table call Darlene at (403) 230-8395 or Lynne at (403) 276-5446. Refreshments will be available.

President's Message

By Mike Jones

This is my last opportunity to offer the president's message so I have a few things to deal with so please bear with me.

First of all, I would like to thank past and present members of the current Community Association's Board of Directors for their time and effort these past three years. It's been a busy time for the board and we've seen a number of neat and exciting things accomplished. So a special thank you goes out to each and every one of you. It's been a wonderful experience.

Later this month, we'll be having our

The Winston Heights/Mountview Annual General Meeting

will take place
Tuesday, May 19th at 7:00 pm

**Hear what your Community
Association did in 2008 and
what is planned for 2009**

**Elect the 2009/10 Board of Directors
See Special Insert Inside for more details**



Annual General Meeting and we'd like to invite members to be there for this important opportunity to review the past year and look ahead to the next twelve months. We'll be reviewing committee reports and voting on a slate of directors for the upcoming Board.

If you would like to know more about our Community Association or the work of the Board, please have a look at the articles and insert in this issue of the newsletter. Check out some of the committees we've been developing and redeveloping and read through the job vacancies and see if there's anything

you may be interested in.

Keep an eye open for the redeveloped website we've been working on. We'll be posting a number of interesting things on it and will be including important notices from the City for your information. There is some roadwork happening around our community and it's important to keep up to date on what the Roads is working on next.

So, that is all for me. It's been a great three years as president and I hope you'll support the next person who jumps into the deep end of the pool. We'll see you at the Co-op.

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Winston Heights Mountview

Community Association

Mission: "To promote community spirit and participation by providing facilities, programs and services to enhance the well-being of the Winston Heights Mountview Community".

Community Centre

520 27th Avenue NE

whm.newsletter@hotmail.com

403-276-5474 Fax 403-276-5420

Board of Directors and Contacts

| | | |
|----------------------------|--------------------|--------------|
| President | Mike Jones | 403-230-9169 |
| Vice President | Andrew Udell | 403-276-5489 |
| Secretary | Kim Mustard | 403-283-0652 |
| Treasurer | Don Phillips | 403-277-3166 |
| Director at Large | Josee Vanderstoop | 403-355-5215 |
| Director at Large | Lynne Herron | 403-276-5446 |
| Civic Affairs Director | Kathleen Johnston | 403-277-7920 |
| Communications Director | DJ Kelly | 403-714-8901 |
| Fund Raising Director | Linda Sharp | 403-276-4510 |
| Maintenance Director | Bill Reinhardt | 403-277-8627 |
| Membership Director | Beth Lawton | 403-276-3500 |
| Social Director | Jo Gostola | 403-277-7765 |
| Volunteer Director | Darlene Robb | 403-230-8395 |
| Hall Manager | Doreen Knopp | 403-277-2433 |
| Ladies Auxiliary | Doreen Knopp | 403-277-2433 |
| Traffic/Safety Coordinator | Hugo Haley | 403-852-8702 |
| Website | Jack Jonasson | 403-276-7295 |
| Recreation Coord. (City) | Amanda Turvey | 403-221-3960 |
| Calgary Police Liaison | Const. Dom LaPorte | 403-567-6300 |

The views expressed in this Newsletter are not necessarily those of the Winston Heights Mountview Community Association, nor of Flexys Systems Publishing Ltd.



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Setting the Gold Standard since 1994!

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Wanted – A New Playground In the Park at 7th Street and 22nd Avenue NE

Would your kids like another place to play, develop their imaginations, and their athletic abilities?

Would you like to make this a more fun and vibrant corner of Winston Heights-Mountview?

Do you want to help redevelop this playground?

Does your dog walk/run/play at this park?

Do you enjoy the view of the valley from this park?

Get Involved!

If you answered yes to any of these questions, we need you to help out on the 7th Street Playground Committee.

Please call or e-mail Alex Reed at (403) 276-9311 or alex.reed@encana.com, or Marcia Xavier at (403) 276-8875 or marcia.xavier@shell.com.

Community Builders – Honouring Marie Gee

By Kathleen Johnston

Thank you to Marie Gee for your work on the area redevelopment plan (ARP) and development permit (DP) committees. Marie will be retiring from the committees.

Marie moved into the community about nine years ago. She joined the DP committee in 2001 and the ARP committee in 2002. Marie has helped form the policies that have guided this community's growth. She took several Partners in Planning courses required to be on the DP committee. Marie also canvasses for the membership drive annually and helps when asked.

Thank you Marie, for your time and talents.



Volunteers

By Darlene Robb

Meet new people, have fun and help your community. A few more hands are required for May and June events. Please help out by planting shrubs and flowers in our Centennial Garden sometime in mid-May. In June, consider volunteering for the community garage sale.

Please call Darlene at (403) 230-8395 or Lynne at (403) 276-5446 to sign up.



Perennial Plant Exchange

Saturday May 30th

10:30 am to 1:00 pm

Exchange portion will be from 10:30 am to 11:30 pm

Sale portion will be from 11:30 am to 1:00 pm

Sportsplex behind the Community Hall

Please join us for our first perennial plant exchange.

Bring a plant, get a plant

What!? No plants!?

You can purchase plants for a small fee

Master gardener on site
Refreshments available

Please follow these important exchange guidelines:

- Have plants separated and in pots (If pots are needed, contact Sue at (403) 238-1395 or Lynne (403) 276-5446.
- Plants should be in good condition, watered and completely weed free.
- Label the plants to the best of your knowledge; include color, height and width.
- Bring plants to the exchange area between 10:00 and 10:30 am to allow for sorting.
- Exchange portion will take place before any plants are sold.

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Winston Heights/Mountview
Block Watch

Blockwatch is a great resource for improving the security in our community. The program is great for getting to know our neighbours as well as understanding the crime levels around our homes. Unfortunately, there seems to be a lack of enthusiasm when it comes to getting involved. If you want to just sit back and not be proactive and take part perhaps it is time to shut it down. Several residents have expressed interest in getting involved, but it takes more than just a few for an effective program. A break and enter can be prevented if criminals know there are watchful neighbours. Please let me know if you are interested and willing to sign up. Contact Lynne Herron at (403) 276-5446 or lherron1@telus.net

Winston Heights/Mountview
Crime Stats

Crime Stats are now available online
<http://crimemap.calgary.police.ca>
www.calgarypoliceservice.ca/content/disclaimerpage.aspx

Click on the "I agree" button after the disclaimer. Choose the types of crime you want mapped and enter the community name and the time period you want to review. Click "Refresh the map" and it will show pins marking the location where crime(s) occurred. By dragging the cursor over a pin, you will see the date and time the crime occurred.

Call 9-1-1 to Report a Crime in Progress
 Call 403-266-1234 to Report Suspicious Activity
 Call Lynne at 403-276-5446 to join Block Watch

Milestones

Helen Dick
August 17th, 1917 - March 20th, 2009
 Helen was born in Calgary, August 17th, 1917. She grew up in Bridgeland and attended school in Ramsay. She attended Olds College in the early 1930's. Helen married Bill in December 1940. They spent some time living in Victoria when Bill joined the navy during the second world war. They moved to Winston Heights Community in 1945 where they raised their three children: Margaret, Bob and Alan.

Helen lived in her home on 27th Avenue for 55 years, moving into the Statesman Manor in 1999 and loved her residence and new friends. She had a wonderful sense of humor, and was especially proud

of her children and grandchildren's accomplishments.

She was predeceased by Bill (1995), son Alan (1990) and daughter Margaret (2008) and a beloved grandson Tony (1978). She is survived by her son Bob (Marge) of Vauxhall, Alberta, daughter-in-law Barb of Moose Jaw, Saskatchewan and son-in-law Gordon Peters of Swift Current, Saskatchewan, three grandsons, two granddaughters and two great-grandchildren.

Helen was a lifetime member of Winston Heights Mountview Community and was the oldest member of Mount Calvary Lutheran Church.

Retire Your Ride

Courtesy Climate Change Central
 Across the nation, cars, trucks and buses are major sources of smog pollution, and older vehicles are some of the worst offenders.

Older makes and models are less fuel-efficient and much more polluting than the new vehicles produced today. Improvements in the design of vehicle exhaust systems have reduced pollution from individual vehicles significantly in the past 20 years. So much so that vehicles from 1995 and older produce 19 times more smog-forming pollutants than 2004 and newer models.

According to the Carsharing Coop of Edmonton, transportation accounts for an unsightly 45 per cent of an individual's day to day greenhouse gas emissions. It has also been estimated that it takes 130 trees to produce the amount of oxygen needed to combat the carbon dioxide emitted from a single car each year. By retiring these vehicles we can help reduce these harmful emissions.

Programs like Retire Your Ride, an initiative of The Government of Canada, Clean Air Foundation and its partners, rewards vehicle owners for getting their high-polluting cars off the road and ensures that vehicles are recycled responsibly. When you Retire Your Ride you'll qualify for rewards that encourage environmentally-friendly transportation methods. Reward options in Alberta currently include up to a year of free public transit passes or \$300 cash.

To be eligible for the program vehicles must be 1995 and older, in running condition, and registered and properly insured for the last six months. To apply visit www.RetireYourRide.ca or call 1-877-773-1996.

For more ideas and information on energy-efficiency, subscribe to our free online newsletter enerclick, visit www.ClimateChangeCentral.com, call us toll free at 1-866-609-2700, or email contact@climatechangecentral.com.

Sudoku

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | | | | 5 | | 4 | | | |
| 7 | 4 | | | | | | | 5 | 3 |
| 5 | | 8 | 3 | | 7 | 1 | | | 4 |
| | | 3 | | | 8 | | | 9 | |
| | | 2 | | 6 | | 9 | | 4 | |
| 9 | | 4 | 2 | | 3 | 5 | | | 6 |
| | | 6 | 7 | 9 | | 2 | 8 | 1 | |
| 2 | 5 | | | | | | | 6 | 7 |
| | | | | 7 | | 6 | | | |

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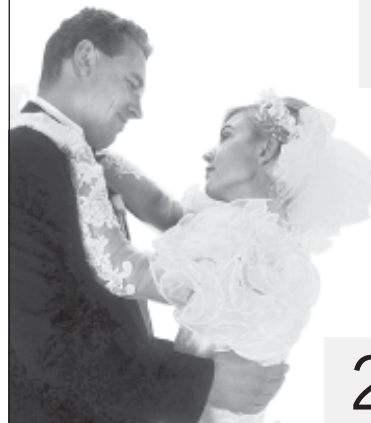


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**Special insert for
Winston Heights/Mountview
Community Association
Annual General Meeting 2009
Tuesday, May 19th
7:00 pm at the Community Hall**

Agenda

- 7:00 p.m. President's Remarks - Mike Jones
- 7:05 p.m. Minutes of 2008 AGM - Kim Mustard
- 7:10 p.m. 2008 Annual Report (in newsletter) - Mike Jones
- 7:20 p.m. Treasurer's Report - Don Phillips
- 7:30 p.m. Bylaw changes - Kim Mustard
Please see special resolution below
- 7:35 p.m. Election of 2009/10 Board Members - Mike Jones
- 7:45 p.m. 2008 Plans - new President
 - Revised vision and mission
 - Questions / feedback
- 8:00 p.m. Motion to Adjourn AGM - Mike Jones
Refreshments



Notice of Special Resolution

The following special resolution to change our bylaws is being put before the membership:

We, the Board of Directors of the Winston Heights Mountview Community Association, put forward the following Special Resolution to amend Article II- Boundaries of the Association's bylaws as per the Winston Heights Mountview Area Redevelopment Plan. Be it resolved that Article II-Boundaries be reworded as follows:

The boundaries of the Winston Heights Mountview Community Association shall be within the City of Calgary as follows:

- East: Deerfoot Trail
- South: 16th Avenue NE
- West: Edmonton Trail
- North: The lane north of 34th Avenue NE and following the north boundaries of the golf courses

**Winston Heights Mountview Community Association
Annual Report to the Community**

This annual report is presented to the members of the Winston Heights Mountview Community Association (WHMCA). It presents highlights of the activities undertaken by the association in 2008-09.

- WHMCA elected its 2008-09 Board of Directors at the Annual General Meeting May 13, 2008.
- The successful fall membership drive led to a community membership of nearly 330.
- Hall rentals and catering by the Ladies Auxiliary continued to provide revenue to the community.
- The Association benefited from a casino that provided approximately \$90,000 in revenue to the community and accessed an additional \$6,000 in civic and private grants.
- The Association convened nine committees in 2009:
 - Civic Affairs Committee** to evaluate development applications for appropriateness and suitability using the ARP, LUB infill guidelines as guides. The Committee reviewed 16 applications in 2008/09.
 - Communications Committee** to develop policy and operational procedures for communications programs and to providing communications services and products such as newsletter and website. The newsletter was regularly published in 2008/09 and a new website will be launched in May.
 - Centennial Garden Committee** to plan and install a commemorative garden to celebrate 100 years of being a community. The basic structure was installed in 2008/09 with plants and shrubs to be added this summer.
 - Maintenance Committee** to identify the repairs and upgrades necessary to maintain the facilities and grounds. The committee managed various painting projects and the roof reshingling, as well as completing many minor repairs.
 - Operations** to provide oversight of the general operations of the WHMCA facilities, to provide direction and support to the positions of Janitor, Bookkeeper and Hall Manager. The committee developed a new lease form and staffed the Janitor position.

Social to manage the social events of the association. In 2008/9 the association held the Santa's Breakfast, and pre-Stampede Barbeque. Plans for 2009/10 include a plant exchange, garage sale and Stampede Barbeque.

Traffic and Safety to represent the community's concerns regarding traffic flow and safety. In 2008, the committee provided input to the changes to 6th St. due to 16th Avenue widening.

Volunteers to match the volunteer resources and community needs. The committee recruited 78 volunteers for a number of committees and events.

Winston Heights Mountview Community Association

Financial Report to Board - March 2009

| Year-to-Date Revenue & Expenditures with Prior Year Comparisons | | | |
|--|----------------------|----------------------|----------------------|
| | Apr'06-Mar'07 | Apr'07-Mar'08 | Apr'08-Mar'09 |
| Ordinary Income/Expense | | | |
| Income | | | |
| Memberships | 4,925.05 | 5,511.59 | 5,801.20 |
| Fundraisers | 951.53 | 8,860.68 | 1,614.14 |
| Hall Rental | 40,535.66 | 35,448.61 | 42,607.20 |
| Interest Income | 2,292.19 | 2,304.86 | 4,042.80 |
| Ladies Auxiliary Catering | 2,612.49 | 931.07 | 1,867.62 |
| Programs & Activities | (126.08) | | |
| Social Functions | 599.84 | 495.11 | 1,138.76 |
| Total Income | 51,790.68 | 53,551.92 | 57,071.72 |
| Expenses | | | |
| Hall Operating Costs | 44,371.98 | 48,282.56 | 49,890.16 |
| General Maintenance | 15,486.45 | 17,760.89 | 19,888.02 |
| Office Expenses | 2,759.02 | 2,101.08 | 2,933.30 |
| General & Administrative | 1,887.12 | 2,241.43 | 1,110.78 |
| Newsletter | 795.00 | 969.00 | |
| Total Expense | 65,299.57 | 71,354.96 | 73,822.26 |
| Net 'Ordinary' Income (Deficit) | (13,508.89) | (17,803.04) | (16,750.54) |
| Other Revenue/Expenditures | | | |
| Source of Funds | | | |
| Casino Revenue | 76,303.61 | 94,278.44 | 77,692.73 |
| Grants & Donations | 103,322.33 | 18,041.60 | 17,654.46 |
| Total Other Revenues | 179,625.94 | 112,320.04 | 95,347.19 |
| Use of Funds | | | |
| Facilities Improvements | 8,774.50 | 2,443.12 | 45,709.74 |
| Community Garden | | | 81,721.57 |
| Donations Given | | 15,000.00 | |
| Playgrounds | | 111,084.83 | |
| Total Other Expenditures | 8,774.50 | 128,527.95 | 127,431.31 |
| Net 'Other' Income (Deficit) | 170,851.44 | (16,207.91) | (32,084.12) |
| NET INCOME (DEFICIT) | 157,342.55 | (34,010.95) | (48,834.66) |

| Current Available and Committed Funds on Hand | | |
|--|-----------|-------------------|
| Funds on Hand | | |
| General Funds | | |
| Chequing account | 28,253.58 | |
| Term Deposit | 51,592.65 | 79,846.23 |
| Gaming Funds | | |
| Chequing account | 3,771.64 | |
| Term Deposit | 40,000.00 | 43,771.64 |
| Safekeeping Funds | | <u>7,458.32</u> |
| Total Funds on Hand | | 131,076.19 |
| Less: Committed Funds | | |
| Safekeeping funds | 7,458.32 | |
| Standup freezer | 600.00 | <u>8,058.32</u> |
| Uncommitted Funds on Hand | | 123,017.87 |

2009/10 Board of Directors Slate of Candidates

The nominating committee is pleased to present the following candidates for approval:

Mike Jones, Past President - After three years as President I am happy to step into the position of Past President of the Community Association. I began my volunteering efforts as a member of the Development Permit committee and have never really looked back. My wife and I moved into this community over ten years ago and love its convenient location and proximity to the downtown core. We also enjoy the social opportunities the community association offers.

DJ Kelly, President - I am a marketing and communications professional in the not-for-profit sector and I joined the board because of my passion to make Calgary and my community an even better place to live. This passion can also be seen through my work as a committee member with Calgary Economic Development and as a board member with the Calgary Professional Arts Alliance – where I am the chair of the communications committee.

Linda Sharp, Vice-President - Born and raised in Winston Heights, I moved back with my husband David and daughter Alexandra in 2002. I'm a second generation Community Board member, as my Dad was one of the early Board Presidents, and I've served on the Board for the last 3 years. We have some great assets in this community and we can build on them to create a vibrant and responsive community association. I'd like to help that process.

Beth Lawton, Director - I moved into the community in July 1979. My husband, Dave, was raised all of his life in Winston Heights on 26th Avenue in the home we now live in. I have always helped at the community when I was able to over the years anywhere from setting tables to being a Brownie Leader – and now my kids are 16 and 18 I have a few more hours available, so I have taken on the roll as membership director. I firmly believe that each of us has an ability to volunteer in the community. There are many things to be done, and just a few hours do make a difference.

Kim Mustard, Secretary - I joined the Board in 2007 as Secretary and I have enjoyed getting to know my neighbours. I moved into this community because I was attracted to the character of the neighbourhood, that amenities such as grocery stores were within walking distance and that I could access the pathway system to bike to work both easily and quickly. Since having a little boy in spring 2007, I have come to value other great things about our community, including our fabulous new playground!

Don Phillips, Treasurer - I have been a Winston Heights/ Mountview (WHM) resident since 2000 and a board member since 2002. I grew up in a small farming community in SW Manitoba – a “community” in every sense of the word, so I know and appreciate the value of “community”. The spirit of a community helps everyday people live everyday lives a little fuller and safer from the sense of belonging, to the sharing of burdens and good times, to the self-worth of volunteering. A vibrant WHM community is a goal for me and I truly enjoy making my contributions. My reward is new friends, good friends and the pleasure of group achievements.

Bill Reinhardt, Director - I moved into Winston Height/ Mountview from Didsbury in 1959, but I was not active in the community until 1979 when I became a cub leader in Scouts Canada – where I stayed on till 1999. I was first involved in the community association by being on the building committee for the addition to the hall in 1991. I have been on the Board since 1999 taking care of the Maintenance portfolio. I make small repairs and get bids for larger jobs and meet trades people and estimators at the hall.

Darlene Robb, Director - My husband, Martin, and I have lived in the Winston Heights/Mountview community since 1995. We have enjoyed volunteering over the years and I am currently on the Board where I oversee the Community Association's volunteers. Meeting other community members and forming friendships has been the gift of volunteering.

Wayne P. Grimshaw- I have lived in Calgary for 27 years, five of which have been in the Winston Heights area. I have never felt compelled to be part of a community association until my wife and I moved in to the neighborhood and discovered a very warm invite from basically everyone we have met! This certainly prompted me to find out more about our community, so I attended an AGM. I knew going in that the social committee was the one area that would be of interest to me, and after meeting some truly amazing people at our hall, that was enough to convince me that I was ready to assume either a volunteer or directors position.

Yvette DuBois, Director - Biography unavailable at time of publication.

Minutes of 2008 Annual General Meeting May 13, 2008

| | |
|----------------|----------------|
| Mike Jones | Don Phillips |
| Kim Mustard | Lynne Herron |
| Bill Reinhardt | Kathy Johnston |
| Darlene Robb | Leanne James |
| Linda Sharp | Rob Beckett |
| Joanna Gostola | Bill Reinhardt |

Minutes taken by Kim Mustard, Secretary.

1.0 Meeting called to order at 7:00 p.m by President Mike Jones

2.0 *Motion: To approve the May 23, 2007 minutes as presented*

Moved By: Linda Sharp Seconded By: Lynne Herron Motion Carried

4.0 Presentation of the 2007 Annual Report

Mike Jones, President, presented the 2007 Annual Report that was included as an insert in the May 2008 issue of the community newsletter

5.0 Presentation of the Treasurer's Report- Vice President, Finance Don Phillips

Don Phillips provided a summary of the Association's financial position. A member noted that there was an error in the financial statements as they appeared in the Annual Report. Under "Other Revenue", the line items for "Other Expenditures" and "Mountview School Playground" should appear in the column for March 31, 2008 not March 31, 2007. Don then made the following two motions

Motion: That the Winston Heights/Mountview Community Association Treasurer's report and the financial statements for the year 2007 be accepted as amended.

Moved: Norm Allen Secunder: Dennis Looten Motion Carried

Motion: That the Federation of Calgary Communities be appointed auditors of the Association and their remuneration be fixed by the Board of Directors of the Association

Moved by: Janet Hughes Secundered by: Robin Swiderski Motion Carried

6.0 Election of Officers

The following slate of nominations for re-election was presented for approval:

| | |
|---|-------------------------------------|
| Mike Jones, President | Kim Mustard, Secretary |
| Don Phillips, Vice President Finance | Darlene Robb, Volunteer Director |
| Kathleen Johnston, Civic Affairs Director | Beth Lawton, Membership Director |
| Linda Sharp, Fund Raising Director | Bill Reinhard, Maintenance Director |
| Joanna Gostola, Social Director | Lynne Herron, Director at Large |

Motion: That these 10 people be elected by acclamation in their respective positions for the 2008/09 term.

Moved by Dennis Looten Secundered by: Joanna Gostola Motion Carried

Motion: As there are no nominations for Sports Director, I move that nominations for this position be closed.

Moved by: Don Phillips Secundered by: Leanne James Motion Carried

Nomination by Acclamation: I declare that DJ Kelly is elected to the position of Communications Director by acclamation

Motion: that Andrew Udell be elected to the position of Vice President.

Moved by: Kathleen Johnston Secundered by: Don Borbridge Motion Carried

Motion: That Josee Vanderstoop be elected to the position of Director at Large

Moved by: Craig Baskett Secundered by: Martin Robb Motion Carried

7.0 Overview of 2008 plans- Mike Jones, President

8.0 Motion to adjourn

Motion: That the 2008 Winston Heights Mountview Community Association Annual General Meeting be adjourned at 7:45 pm

Moved by: Joanna Gostola Secundered by: DJ Kelly Motion Carried

Louise Riley Library

We're Renovating!

You can look forward to self check out machines, more space, a new computer area, fresh décor and layout, new flooring and ceiling and more. Over the next few months everything in the library will be moved and changed. We pledge to do our very best to help with a smooth transition. We ask for your understanding and patience. The finished space will be bright, spacious and welcoming. We look forward to sharing it with you!

Coffee and Conversation for Moms

If you have a baby or toddler at home, bring them along and socialize with other Moms! Thursdays, May 7th to August 27th, 1:00 to 2:30 pm. No registration required

50+ Coffee and Conversation

Join us for coffee, conversation, and informal presentations of interest. Ages 50 and up. Mondays May 11th, June 8th, July 13th and August 10th, 10:30 am to noon. No registration required.



16th Avenue North Spring Construction

Removal of old streetcar rails located beneath 16 Avenue North continues in May. This work is required before the final layer of asphalt can be put down and connected to the curbs. While the streetcar rails could be left in place, the City decided to deal with this in a proactive and responsible manner to prevent any future problems. If the rails are left in place there will be drainage problems and the final layer of asphalt will be difficult to put down properly, which will prevent it from connecting to the curbs correctly.

In order to respect the City's noise bylaw and those residential communities nearby, work is not done at night. Contractors will take every precaution to ensure site safety, but your assistance is appreciated. For more information please visit calgary.ca/ti or call 3-1-1.

Calgarians Share Vision of Sustainable, Affordable Future

Over the past three years, Calgarians have been engaged in planning what they want the future of this city to look like. Some 6,000 people have participated, their comments have been taken into account and the result, entitled "Plan It Calgary," is about to go to City Council for review.

Plan It Calgary consists of two parts, the Municipal Development Plan and the Calgary Transportation Plan. Together, these integrated plans set out a 60-year direction to accommodate up to 1.3 million new residents, expected in our city. Such long-range planning is required by the Alberta Municipal Government Act.

Plan It Calgary proposes to reduce costly urban sprawl, gradually over the next 60 years. During this time, the single family home will continue to be the dominant housing form, while other types of housing are encouraged, providing people more choice. The city currently has available a generous supply of planned suburban land, enough to accommodate 185,000 people in single family and semi-detached homes. The goal is to slowly change Calgary's development pattern so that, over 30 years, about one third of new population growth can be accommodated in the developed parts of the city, instead of only on the outer edges, as happens now.

Established communities will experience very little change, but areas where the concentration of housing and jobs increases will be served by expanded, high-frequency transit service. Bringing homes, jobs and amenities closer together will make walking, cycling and transit more convenient.

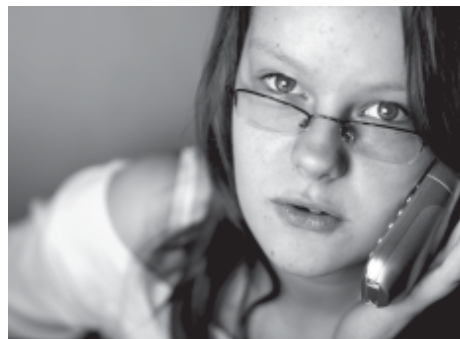
Plan It Calgary proposes a way of growing our city that is more affordable – by some \$11.2 billion – and it supports the well-being of citizens and the environment. Right now, the city covers some 850 square kilometres – and it's expanding. These existing development patterns cost more – for roads and water infrastructure, and to provide services – and that affects everyone's taxes. At the same time as the city expands, there is land within existing developed areas, already served by roads, water and other services, that is vacant or under-developed. Plan It Calgary provides support for redeveloping many of these pieces of land to achieve a more efficient and cost effective city.

On May 14, Plan It Calgary goes before the Calgary Planning Commission for review, and on June 16, Calgary City Council will hold a Public Hearing to consider the proposed Municipal Development Plan and Calgary Transportation Plan.

For more information, please visit www.calgary.ca/planit.

211: Your Community Connection

Dial 211 to get connected to the community services you need 24/7. 211 provides free, confidential, and multilingual support to callers seeking information about services and programs in their community that can help them. Talking to a trained specialist makes it easier to find information, discover options, and deal with the challenges life hands you.



Here are some reasons why people call 211:

- A senior seeking homecare support
- A laid-off employee wanting information about employment insurance
- A teenager struggling with school or social issues
- A family looking for child care services in their community
- A recent immigrant looking for help getting settled in Calgary.

211 is a partnership Distress Centre Calgary, The City of Calgary and United Way of Calgary and Area. The Calgary Health Region is also an important contributor through its InformCalgary/InformAlberta database partnership with the City of Calgary.

Visit www.211calgary.ca for more information.

Email the editor at whm.newsletter@hotmail.com or
take a look online at www.winstonheights-mountview.ca

Blue Cart is coming to the Northeast

Recyclable items such as plastic, paper, metal and glass will be collected from single-family homes, up to and including fourplexes, each week – just like regular garbage pickup. In the northeast quadrant, collection service begins on your garbage day the **week of June 29**. A blue cart will be delivered to your home two to six weeks before collection starts. Detailed instructions on how to use the program will come with the cart. For more information check your instruction guide, visit calgary.ca/bluecart or call 3-1-1.

Open houses

Marlborough Park
Community Association
6021 Madigan Dr. N.E.
Tuesday, June 16, 6 – 8 p.m.

Pineridge Community Association
6024 Rundlehorn Dr. N.E.
Sunday, June 21, 1 – 4 p.m.

Saddleridge Community Association
7614 42nd St. N.E.
Thursday, June 25, 6 – 8 p.m.

Bridgeland/Riverside
Community Association
917 Centre Ave. N.E.
Saturday, June 27, 1 – 4 p.m.



2009-0402

blue cart
recycling



calgary.ca/bluecart | call 3-1-1



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your ad in our community newsletters*

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Winston Heights Brownies

As the year comes to an end we look back at all the things we have done. In the fall, we sold mint cookies and in April we went door-to-door for the spring cookie sale. We had two sleepovers at the Hall, learned about conserving water, visited the Glenbow Museum, Fort Calgary and prepared to go camping to Fort MacLeod in June.

Our advancement ceremony is on Monday, May 25th, where the second year Sparks fly up to become Brownies, the second year Brownies fly up to become Guides and the third year Guides fly up to become Pathfinders. Our last meetings will be on May 25th for Sparks and June 1st for Brownies and Guides. The Brownies will be holding a family potluck BBQ at Winston Heights.

The new season begins in September, with Sparks and Brownies at Winston Heights and Guides and Pathfinders at Tuxedo. Look for our advertising for registration dates.

Consider Joining or Volunteering

Girl Guides of Canada is the leadership organization of choice for girls and women in Canada, offering members the experience of a lifetime.

For Girls

Guiding is an accepting environment with diverse and exciting programs and activities that offer the chance to discover new interests learn valuable leadership skills and make lasting friendships.

We welcome all girls to be part of the following groups:

- Sparks - 5 and 6 year olds
- Brownies - 7 and 8 year olds
- Guides - 9 to 11 year olds
- Pathfinders - 12 to 14 year olds
- Rangers - 15 to 17+ year olds

Be a Guide Leader

Volunteering with Girl Guides of Canada is about more than just helping girls achieve greatness. It is also a chance to develop personally and professionally by developing skills such as leadership, event planning, advocacy, communications, team building, risk assessment, budgeting, public speaking and more. Give a little, gain a lot

We accept registrations and volunteer inquiries all summer long. Call our membership hotline at 1-800-565-8111 or contact Victoria Woodward, District Commissioner at (403) 235-6505 or email guider28pf@telus.net for more information.

Container Gardening

By Sue Fulkerth

WHMV resident, gardening enthusiast and Calgary Zoo master gardener volunteer

Container gardening is reaching new heights of popularity. Here is some information to help you incorporate containers in your garden:

Containers

There are lots of options. Look for ceramic, concrete, metal, wood and more in every size, shape and price range. Consider other less obvious choices like old boots, buckets, baskets, barrels, biffies, bags, barbeques, bathtubs, boxes, bottles and bowls, just to name a few. Your imagination is the only limit.

Places

From the largest yard to the smallest balcony, there are always possibilities with container gardening. Scale and balance come into play depending on the location. Small containers are lost in a large area, and large containers can be overwhelming in small areas, especially if the area is also used for leisure.

Containers can be arranged in clusters for effect. For example, planting many small containers with the same plants and cascading them down the front steps can have a larger impact than one large container filled with the same plants in the same area.

Watering needs become very important with containers, depending on exposure. Expect to water small to medium containers at least once a day if in full sun.

Plants

The list of plants that can be used in containers is even more endless than the number of containers themselves. While the usual array of annuals are the most common

choices, there are other plants that lend to container conversation pieces.

Besides tomatoes, most vegetables can be grown in containers. For example, carrots will require a deeper pot, corn makes a suitable centerpiece in an annual pot, and cucumbers or zucchini will trail quite nicely out of a container. Children may enjoy planting radishes or other fast growing veggies. Herbs are always a great choice for use in meal preparation all year, and for drying.

Perennials are a great choice in containers and have the benefit of being added to the flower bed at the end of the season. If desired, the same plants can be lifted out of the flower bed the following spring and put back in containers. Some common choices would be hostas, bugleweed, sedums, grasses, sparges, sweet williams, chives, thyme, and lamb's ears.

The best containers are also not skimpily planted. A combination of small (2") and large (4") works well. For example, in a 12" pot, try three large petunias, three large creeping jennys, and a center planting of either three small black-eyed susans or five to seven small spiky salvias.

Soil

Soil needs differ with the types of plants used in containers. Vegetables and perennials will need compost or other organic material added to supplement their growth. Regular annuals are heavy feeders and, to last all year, will need either a weekly dose of fertilizer or a weak solution every time they are watered.

Cue Steps Round Dance Club

CueSteps Round Dance Club meets weekly on Sunday evenings and Monday mornings at Winston Heights Community Hall. You are welcome to drop in and meet out instructors and observe our classes. Round Dancing is choreographed ballroom dancing performed to a cuer. It is somewhat analogous to square dancing being performed to a caller. In Round Dancing, each couple performs the figures that the cuer calls as the couples dance around the hall.

The club has excellent instruction and cueing by Ron and Donna Baba who have 40 years of experience cueing and teaching round dancing. Classes range from beginners through several more advanced levels. Beginners start with waltz and two-

step rhythms. The more advanced classes incorporate other rhythms such as foxtrot, jive and the various Latin dances.

We draw dancers from as far north as Lacombe, as far south as High River, as far west as Cochrane and as far east as Strathmore. Our dance couples also cover a wide range in ages – the youngest being in their twenties and the oldest in their 80's. Our membership for all classes exceeds 100.

Round dancing is a fun, informal and social time as well as excellent physical and mental exercise. You can contact Ron Nieman at (403) 851-1581 or email r_nieman@telus.net for more information. New classes will start in September at Winston Heights Community Hall.





It's all about YOUR Community!

We understand the importance of community - it's not just a place where you shovel snow, and hang your hat at the end of a day. It's where you live. Where your children grow up. Where you are surrounded by friends and neighbours.

And where you live makes an enormous difference. It's a wonderful thing when you are surrounded by caring, supportive neighbours in an active community.

Your Community Association plays an important role too! They put on special events and programs for residents of all ages, promote active living and recreation, work towards the improvement of the community.

Isn't it time to get involved?

Join the board.
Volunteer for an event.
Purchase a membership.
Sign up for a program.
Support your newsletter.

Make 2009 the year
you make a difference!



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If you're involved in a local business, give us a call and show your support of the Winston Heights/Mountview News by purchasing an ad - It's the best way to promote your business to your neighbours!

Mountview School Celebrates

Mountview 60th Anniversary Celebration

We would like to thank everyone for the wonderful show of support for Mount View's 60th Anniversary! Many of Mount View's alumni were there to help celebrate the event. We had several people reminiscing about the opening in 1948. Mount View has always had a reputation for being an active, creative and progressive school. It is great to see that in 2008-09, sixty years later Mount View continues to 'Reach for the Stars.' We are pleased to announce that we raised \$1,077 for the silent auction and \$95 for the quilt raffle.

Kindergarten Orientation

If your child or a neighbourhood child is four years old on or before the last day of February, 2010, you may register him/her for the 2009-10 kindergarten program. You will need to bring one of the following documents to register your child: birth certificate, Canadian citizenship certificate, passport, visa or record of landing immigrant documents. Confirmation of your address will also be required: (e.g. driver's license, telephone bill).

Kindergarten Orientation and Before and After Care Open House

Thursday, May 14th, 6:30 to 7:30 pm in the

school library (2004-4 Street NE). Babysitting is available free of charge at the before and after care location.

World Skills – September 1 to 7th

Every two years, over 900 of the best young professionals from trades, service and vocational programs around the world gather to showcase their talents and abilities. This thrilling, high-performance competition is the biggest event of its kind in the world.


Calgary is the proud host this year. Schools are taking part through the "One School, One Country" initiative, which will provide an opportunity for students to learn about another country's culture, history, language and traditions and the trades and technologies that the competitors around the world specialize in.

On September 1st, each of the teams of the participating countries will be taken to a host elementary, junior or high school where they will be welcomed, encouraged and supported by the students who have worked so hard and learned all about the competitors and their country over the past several months. Mount View School's country will be Morocco. Watch for exciting details to follow.

Renfrew 50+

- Mondays
9:30 to 11:30 Tea and Conversation
1:00 to 3:00 Crib
- Tuesdays
9:30 to 10:30 Stretch and Breathe
11:00 to 12:00 Book Study
1:00 to 3:00 Pool
- Wednesdays
9:30 to 11:00 Line Dancing
1:00 to 3:00 Pool
- Thursdays
12:00 to 12:30 Lunch
12:45 to 1:30 Speaker, Entertainment or Bingo (depending on the day)
May 7 is Pot Luck followed by a General Meeting
May 14 Lunch followed by a Tupperware demo
May 21 is our Spring Tea
May 28 Lunch followed with Bingo
- Fridays
9:30 to 10:30 Stretch and Breathe

Renfrew 50+ Club is at 1318 - Regal Crescent N.E. (corner of 12th Avenue and 6th Street) We are open Monday to Thursday, 8:30 to 3:30, Friday 8:30 to 12:30. Membership is \$15 per year for persons 50 years and over. There are discounts for members for special events as well as trips. Call the office for further inquiries at (403) 276-4747.

|  Events Calendar | | | | | | |
|--|---|---|---|---|-----------------------------------|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | 1 | 2 Mother's Day Variety Show 2:00 pm and 7:00 pm |
| 3 | 4 Sparks & Brownies 5:30 pm Swinging Singles 8:00 pm | 5 Volunteer Meeting Moms & Tots 10:00 am | 6 Board Meeting Lion's Dinner 7:15 pm | 7 Moms & Tots 10:00 am Square Dancing 8:00 pm | 8 | 9 |
| 10 Mother's Day | 11 Sparks & Brownies 5:30 pm Swinging Singles 8:00 pm | 12 WHMV AGM (Annual General Meeting) Moms & Tots 10:00 am | 13 Swinging Singles | 14 Moms & Tots 10:00 am Square Dancing 8:00 pm | 15 | 16 |
| 17 | 18 Sparks & Brownies 5:30 pm | 19 Moms & Tots 10:00 am | 20 Lion's Dinner 7:15 pm | 21 Moms & Tots 10:00 am Square Dancing 8:00 pm | 22 Pot Luck Dinner 5:30 pm | 23 |
| 24 | 25 Sparks & Brownies 5:30 pm Swinging Singles 8:00 pm | 26 Moms & Tots 10:00 am | 27 | 28 Maintenance Meeting Moms & Tots 10:00 am Square Dancing 8:00 pm | 29 | 30 Plant Exchange 11:00 am - 2:00 pm |

✿ THERE ARE 10 DAYS WHEN ✿
**SCREAMING AND
HOLLERING**
ARE PART OF THE FUN.

NEW THIS YEAR, THE CALGARY STAMPEDE'S
CALVES & COLTS PACKAGE
OFFERS A UNIQUE FAMILY GETAWAY FOR FOUR FEATURING:

Four Park entries

Four Silver Rodeo tickets or Silver Evening Show tickets

Eight Calgary Transit tickets (two per person)

Four reserved seats for the Superdogs

Two children's whistle cowboy hats

\$40 in food certificates for "The Range"

{ RODEO }

\$179

{ EVENING SHOW }

\$234

*Plus one entry to win an ultimate Stampede family experience that includes: VIP parking at the Stampede, a meet and greet with the Doodlebops and much, much more.

✿ CALL 403.269.9822 TO PURCHASE THE ✿
CALVES AND COLTS PACKAGE BEFORE THE RUSH.

**COME DOWN
GETAWAY**

CS
Calgary Stampede

JULY 3 - 12, 2009

*For full contest rules and regulations visit calgarystampede.com